

THYROID DISORDERS AND GENDER INEQUALITY

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Thyroid is an endocrine gland that works based on adequate quantities of exogenous iodine. Its hormones are necessary for growth, development and normal body metabolism. Primary hypothyroidism is one of the commonest endocrine disorders,

which occurs about seven or eight times more often in females than in males. Here, I will present how thyroid works, what are its main disorders (and their clinical implications), and why there is a clear gender inequality in thyroid pathology.